



**St Cuthbert's  
Catholic High School**

*Live life in all its fullness*

# **Relationship and Sex Education Provision**

**2017 - 2018**

## Relationship and Sex Education (RSE) Provision

We begin our RSE education very early on in school, firstly by developing relationships with staff right from primary school where sessions are delivered to Year 5 and 6 pupils. Induction days are then an opportunity for future students to get to know staff and meet their Form Tutors.

Form Tutors see students twice a day and maintain positive relationships with students. They also deliver Active Form once per fortnight, which mainly involves teaching Citizenship topics, as well as outside speakers coming in to deliver a range of topics.

Relationships between students and staff are of paramount importance at St Cuthbert's and we pride ourselves on developing these with our students so that we maintain our ethos of becoming one big family. We also want students to understand that relationships are important prior to any intimacy, which may occur later on in life.

We are extremely privileged to have access to a range of good quality providers who we use on a regular basis. These include TAZ (Teen Advice Zone) and Catch-22. These are both specific to RSE. All providers have a member of staff with them on delivery who threads the Catholic teaching through any delivery to make students aware of what stance our faith has on these topics.

There are other subjects, which link into the RSE topics and staff are trained to enable them to feel confident in delivering the Catholic message as well as developing students' life skills. Subjects currently delivering these aspects are Science, Drama, English and Religious Education.

### Detail of delivery for RSE through Active Form/PSHE/Healthy Living/Outside the curriculum:

#### Delivered by Tracy Judge from TAZ:

**Year 8** – two sessions per class during Active Form lesson time based around group-work on healthy relationships and consent. Video clips are used as well as PowerPoint, discussion and other props where necessary.

**Year 9** – 3 sessions per class during Healthy Living lesson time on healthy relationships, consent, contraception, and STI's. Again, discussion is used in these sessions as well as any relevant props.

#### Other occasions with TAZ:

- Year 10 girls only assembly
- Follow up group work with specific individuals requiring intervention following this assembly
- Any additional requirements can be arranged where necessary. Referrals from pastoral team.
- Use in Drop Down Days where appropriate – Year 9 are having one this year on responsible behaviour.

#### Catch 22:

- 10 Year 11 Peer mentors trained and drop in in place every lunchtime for CSE (Booklet evidence available)

- Assemblies involving these students conducted this year to raise awareness of CSE (evidence available)
- Catch 22 in to deliver on Year 9 DDD.
- Catch 22 work on a one to one with individuals or do group work where necessary.

**Other areas in the curriculum:**

*Year 8 citizenship in Active Form:*

*E-Safety:*

- *Staying safe when social networking focusing on privacy.*
- *What cyberbullying is and what to do to stop it.*
- *The dangers and the law on photographs and the internet.*
- *Staying safe when using webcams.*
- *What CSE is and what to do if you come across it.*

**Drop Down Days cover various topics across all year groups – some are related to RSE – Particularly the Year 9 DDD this year.**