



# Martin Luther King Day

## Monday 'Meaning'

This week's **Sacred Time** theme is Martin Luther King Day.

This is an opportunity for us to reflect on our lives and a time to make positive changes. What do you think this theme is about?

Watch this [Clip](#) and discuss

## Tuesday 'Talks'



People all over America celebrate Martin Luther King Day which is on Monday. They usually use the time to reach out to their community and spend time together.

### Why do people celebrate?

Before 1964 black people in America were treated as second class citizens. In some parts of the country they weren't allowed to use the same schools, diners, cinemas or even public toilets as white people. On buses, black and white Americans sat separately and black people could even be arrested for not giving up their seat for a white person. Martin Luther King wanted to change this His work paved the way for equal rights across the world.

## 'Try it' Tuesday



Each week for 'Try it' Tuesday, we will get an opportunity to put sacred time into action and be the 'Good Samaritan'. It will also be a chance to have a personal pause. This week let's think of one thing that we would like to have a fresh start for this year. It could be taking up a new hobby, helping a friend in need, speaking kind words, trying hard at spellings, being more patient, reading more - the list is endless!



## Wednesday 'Words of Wisdom'



Each week, we link the theme to sources of wisdom and authority.

**Read** today's specific Bible reading [HERE](#).

Have a look at the Daily Bible reading here



"A man was going down from Jerusalem to Jericho, when he was attacked by robbers. They stripped him of his clothes, beat him and went away, leaving him half dead. 31 A priest happened to be going down the same road, and when he saw the man, he passed by on the other side. 32 So too, a Levite, when he came to the place and saw him, passed by on the other side. 33 But a Samaritan, as he travelled, came where the man was; and when he saw him, he took pity on him. 34 He went to him and bandaged his wounds, pouring on oil and wine. Then he put the man on his own donkey, brought him to an inn and took care of him. 35 The next day he took out two denarii[e] and gave them to the innkeeper. 'Look after him,' he said, 'and when I return, I will reimburse you for any extra expense you may have.'

36 "Which of these three do you think was a neighbour to the man who fell into the hands of robbers?" 37 The expert in the law replied, "The one who had mercy on him." Jesus told him, "Go and do likewise."

## Thursday 'Thoughtfulness'

*Dear Lord,*

*Prayer Dear God. You have given all peoples one common origin. It is your will that they be gathered as one family in yourself. Fill the hearts of mankind with the fire of your love and with the desire to ensure justice for all. Amen*

## 'Find out' Friday



What is happening in the world around us?

**Watch** Newsround to find out more [HERE](#).

### Key questions

What is happening in your world?

What is happening in St Helens and our local area?

Can we relate our theme this week to what is going on in the world?

Can we do anything to help any issues that our facing the world this week? Should we help?



**Listen** to the BBC Radio 4 'Thought for the Day' [HERE](#).

