

Anti – Bullying Week

What is it?

Bullying is something we've probably all been affected by at some point in our life or something that we've unfortunately witnessed. Bullying comes in many forms – verbal, physical, emotional and cyber. All of these can have untold effects on the victim of bullying – in some extreme cases the victim can end their own life.

Some of the statistics taken from 2014-2016 show that:-

- 81% of young people have experienced name calling.
- 42% had to take time off school because of bullying
- 67% feel depressed as a result of bullying
- 40% feel suicidal and 39% have self harmed.

Some people might see these as just statistics, but we must remember there are real people behind these statistics. Imagine if they were applied to your form class – just under half of a class feeling suicidal is shocking and that's why it's important we support anti-bullying week.

Of course, we shouldn't just think about it just during this week. We should never accept bullying in any way.

Always make sure you report bullying – you'd want someone to help you!

<http://formtimeideas.com/>



Relates to us

Find out what is going on in the [world](#) or watch [BBC newsround](#)

Lord, we place these people and situations before you and ask you to help. In the name of the Father, and of the Son and the Holy Spirit, Amen.

What does this day mean for us?

Everyone has their own role to play in stopping bullying. The theme for this year is 'Power for Good' and encourages everyone to take individual and collective action to put an end to bullying.

In school it is vital that you report any bullying that you witness. Only when we all take a stand together can we put an end to bullying.

Last week you all helped to make handprints to become 'leaves' on our tree in the foyer, so make sure you go and see the display this week. Why not follow the campaign on twitter and see what else you can do? There can be no doubt that at some point in your life, you will be affected by bullying so join the campaign now and put an end to bullying!

Biblical link

Matthew 5:43-48

43 "You have heard that it was said, 'You shall love your neighbor and hate your enemy.' 44 But I say to you, Love your enemies and pray for those who persecute you, 45 so that you may be sons of your Father who is in heaven. For he makes his sun rise on the evil and on the good, and sends rain on the just and on the unjust. 46 For if you love those who love you, what reward do you have? Do not even the tax collectors do the same? 47 And if you greet only your brothers,[a] what more are you doing than others? Do not even the Gentiles do the same? 48 You therefore must be perfect, as your heavenly Father is perfect.

Do bullies need our help as well as the victims?

Key Questions and activities....

What can you do to stand up to bullying?

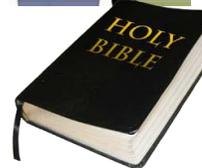
Follow these hashtags:-

#powerforgood

#antibullyingweek

Thought for the day

Daily bible reading



Sacred time this week can link to the British Value of *mutual respect and tolerance*. Bullies show a distinct lack of respect or tolerance for others. Respect for each other should be a basic human instinct and yet we often fail to do this simplest of things.

Prayer



Prayer

Let us pray for those who suffer, who are brought down, who are stereotyped, who are neglected, who are rejected, who are brought down, who are physically and verbally hurt, and who are bullied. We pray that those who are trying to help, open their hearts and minds to share the light and to help them know their lives are beautiful.