



Dear parent/guardian

NCS (National Citizen Service) are due to attend St. Cuthbert's Catholic High School this term to introduce the NCS programme to all year 11 students. We have been working closely with the school to ensure we're able to offer as many as possible of their students the opportunity to take part. NCS is a government-backed programme for those aged 16-17, which takes place during the school holidays. It's a great way for young people to learn the skills for work and life they need to succeed in the future, whilst having an amazing time. So far, more than 400,000 young people have already taken part in NCS. This is an opportunity you do not want your son or daughter to miss out on!

The next NCS programmes are running in the summer holidays for students who are in year 11 and 12. Young people will be in teams with their friends and other students from local schools and colleges. Details of the programme are outlined below:

What happens on NCS?

- **Taster events:** Before NCS officially starts, they'll get the chance to meet the NCS staff and other young people who will be taking part in the programme in your area.
- **Week 1:** Outward bound residential to focus on team work, problem solving skills and pushing personal boundaries (5 days).
- **Week 2:** A second residential to learn independent living skills and to learn about their local community (5 days).
- **Week 3 & 4:** Work from a local community base to plan and implement a volunteering project to make a difference in their local community.
- **Graduation:** Celebrate their NCS achievements and receive a completion certificate signed by the Prime Minister.

NCS costs £50, with all accommodation and meals covered during the residential phases. We may be able to offer bursaries to those who need financial support.

If you want to find out more in the meantime or are interested in signing up please visit [NCSYES.CO.UK](https://www.ncsy.co.uk).

The NCS Team

Ingeus is the lead organisation delivering NCS in Nottinghamshire and Derbyshire, Essex and Hertfordshire, Merseyside and Cheshire.

0121 386 6910
askncs@ingeus.co.uk

[NCSYES.CO.UK](https://www.ncsy.co.uk)

