



**St Cuthbert's
Catholic High School**

Live life in all its fullness

First Aid Policy

2021-22

Important coronavirus (COVID-19) update

Appendix 1 has been added to this policy, which provides details on managing first aid procedures during the coronavirus (COVID-19) pandemic and Reconnecting Process.

Person responsible for Policy:	Assistant Business Manager
Committee responsible for Policy:	Finance, HR & Premises
Date To Governors:	November 2021
Date Agreed:	September 2021
Review Due:	September 2022 and annually thereafter
Is this Policy to appear on school website:	Yes

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Appendices

Appendix 1 – First Aid Procedures During the Coronavirus (COVID-19) Pandemic and Reconnecting Process

Statement of intent

St Cuthbert's Catholic High School is committed to providing emergency first aid provision in order to deal with accidents and incidents affecting staff, students and visitors. The arrangements within this policy are based on the results of a suitable and sufficient risk assessment carried out by the school in regard to all staff, students and visitors.

The school will take every reasonable precaution to ensure the safety and wellbeing of all staff, students and visitors. Details of such precautions are noted in the following policies:

- **Health and Safety Policy**
- **Behavioural Policy**
- **Child Protection and Safeguarding Policy**
- **Lone Working Policy**
- **Supporting Students with Medical Conditions Policy**
- **Allergen and Anaphylaxis Policy**
- **Educational Visits and School Trips Policy**

The school's medical assistant has overall responsibility for ensuring that the school has adequate and appropriate first aid equipment, facilities and personnel, and for ensuring that the correct first aid procedures are followed.

1. Legal framework

This policy has due regard to legislation and statutory guidance, including, but not limited to, the following:

- Health and Safety at Work etc. Act 1974
- The Health and Safety (First Aid) Regulations 1981
- The Management of Health and Safety at Work Regulations 1999
- DfE (2015) 'Supporting pupils at school with medical conditions'
- DfE (2000) 'Guidance on First Aid for Schools'
- DfE (2018) 'Automated external defibrillators (AEDs)'

2. Aims

All staff will read and be aware of this policy, know who to contact in the event of any illness, accident or injury, and ensure that this policy is followed.

Staff will always use their best endeavours to secure the welfare of students.

Anyone on the school premises is expected to take reasonable care for their own and other's safety.

The aims of this policy are to:

- Ensure that the school has adequate, safe and effective first aid provision for every student, member of staff and visitor to be well looked after in the event of any illness, accident or injury, no matter how major or minor.
- Ensure that staff and students are aware of the procedures in the event of any illness, accident or injury.
- Ensure that medicines are only administered at the school when express permission has been granted for this.
- Ensure that all medicines are appropriately stored.
- Promote effective infection control.

Nothing in this policy will affect the ability of any person to contact the emergency services in the event of a medical emergency. For the avoidance of doubt, staff should dial 999 in the event of a medical emergency before implementing the terms of this policy and make clear arrangements for liaison with ambulance services on the school site.

To achieve the aims of this policy, the school will have suitably stocked first aid boxes in line with the assessment of needs. Where there is no special risk identified, a minimum provision of first aid items will be as follows:

- A leaflet giving general advice on first aid
- 20 individually wrapped sterile adhesive dressings, of assorted sizes
- 2 sterile eye pads
- 4 individually wrapped triangular bandages, preferably sterile
- 6 safety pins
- 6 medium-sized (approximately 12cm x 12cm) individually wrapped sterile unmedicated wound dressings
- 2 large-sized (approximately 18cm x 18cm) individually wrapped sterile unmedicated wound dressings
- 1 pair of disposable gloves
- Equivalent or additional items are acceptable
- All first aid containers will be identified by a white cross on a green background

The school medical assistant is responsible for examining the contents of first aid boxes, including any mobile first aid boxes for offsite use – these will be frequently checked and restocked as soon as possible after use. Items will be safely discarded after the expiry date has passed.

First aid boxes are in the following areas:

- **The School Medical Room**
- **The School Administration Office**
- **Science Preparation Room**
- **Food Technology Room**
- **Creative Technology & Computing Preparation Room**
- **Gymnasium**
- **Sports Hall**
- **School Kitchen**
- **School Café**

3. First aiders

The main duties of first aiders will be to administer immediate first aid to students, staff or visitors, and to ensure that an ambulance or other professional medical help is called, when necessary. First aiders will ensure that their first aid certificates are kept up-to-date through liaison with the Assistant Business Manager. The school medical assistant will be responsible for ensuring all first aid kits are properly stocked and maintained. The first aid appointed person(s) will be responsible for maintaining supplies.

The current first aid appointed person(s) are:

Name	Location	First Aid Qualification	Date of Expiry
Julie Jaundrill-Medical Assistant	Medical Room	First Aid at Work Level 3 3 day	03/06/2024
Emma Hepworth-Teacher	H5 Classroom	Emergency First Aid at Work	19/03/2022
Phillip Arkell-Head of Year 11	Year 11 Office	Emergency First Aid at Work	21/03/2022
Joanne Norton-Senior Tech	Science Prep	Emergency First Aid at Work	23/05/2022
Gemma Irvine-LSA L2	Achieve Room	Emergency First Aid at Work	05/07/2022
Lani Bourne-LSA L2	Achieve Room	Emergency First Aid at Work	16/07/2022
Vicky Butler-LSA L2	Achieve Room	Emergency First Aid at Work	16/07/2022
Nicola Ward-PE Teacher	PE3 Classroom	Emergency First Aid at Work	16/07/2022
Paul Magee-Business Leader	BM Office	Emergency First Aid at Work	19/11/2022
Lorraine Tomlin-Asst HoY11	Year 11 Office	Emergency First Aid at Work	19/11/2022
Martin Atherton-CCT Teacher	CCT4 Class	Emergency First Aid at Work	13/12/2022
Natasha Gallagher-LSA L2	Achieve Room	Emergency First Aid at Work	13/12/2022
Liam Platt-PE Teacher	PE4 Classroom	Emergency First Aid at Work	13/12/2022
Brigid Wood-Technician	CCT Prep Room	Emergency First Aid at Work	13/12/2022
Danielle Anderson-Asst Head	Office	Emergency First Aid at Work	14/01/2023
Catherine Connor-LSA 3	The Farne	First Aid at Work Level 3 3 day	15/01/2024
Wayne Kevlin-Site Manager	Site Office	Emergency First Aid at Work	19/01/2024
Gillian Green-LSA 2	Achieve Room	Emergency First Aid at Work	06/05/2024
Lyndy Pickering-LSA 3	Achieve Room	Emergency First Aid at Work	10/06/2024
Nicola Smith-SEN Administrator	Achieve Room	Emergency First Aid at Work	10/06/2024
Catherine Connor	The Farne	Mental Health First Aid	08/07/2024
Karen Tierney	The Farne	Mental Health First Aid	08/07/2024

4. Automated external defibrillators (AEDs)

The school has procured an AED, which is located in **the school office**.

Where the use of the AED is required, individuals will follow the step-by-step instructions displayed on the device.

A general awareness briefing session, to promote the use of AEDs, will be provided to staff on an annual basis, and usually during the first INSET session of the academic year.

Use of the AED will be promoted to students during PSHE lessons.

5. Emergency procedures

If an accident, illness or injury occurs, the member of staff in charge will assess the situation and decide on the appropriate course of action, which may involve calling for an ambulance immediately or calling for a first aider.

If called, a first aider will assess the situation and take charge of first aider administration. If the first aider does not consider that they can adequately deal with the presenting condition by the administration of first aid, then they will arrange for the injured person to access appropriate medical treatment without delay.

Where an initial assessment by the first aider indicates a moderate to serious injury has been sustained, one or more of the following actions will be taken:

- Administer emergency help and first aid to all injured persons. The purpose of this is to keep the victim(s) alive and, if possible, comfortable, before professional medical help can be called. In some situations, immediate action can prevent the accident from becoming increasingly serious, or from involving more victims.
- Call an ambulance or a doctor, if this is appropriate – after receiving a parent/carer's clear instruction, take the victim(s) to a doctor or to a hospital. Moving the victim(s) to medical help is only advisable if the person doing the moving has sufficient knowledge and skill to move the victim(s) without making the injury worse.
- Ensure that no further injury can result from the accident, either by making the scene of the accident safe, or (if they are fit to be moved) by removing injured persons from the scene.
- See to any student who may have witnessed the accident or its aftermath and who may be worried, or traumatised, despite not being directly involved. They will need to be escorted from the scene of the accident and comforted. Younger or more vulnerable students may need parental support to be called immediately.

Once the above action has been taken, the incident will be reported promptly to:

- The Headteacher.
- The victim(s)'s parent/carer.

6. Reporting to parents/carers

In the event of incident or injury to a student, at least one of the student's parents/carers will be informed as soon as practicable.

Parents/carers will be informed in writing of any injury to the head, whether minor or major, and be given guidance on the action to take if symptoms develop.

In the event of a serious injury or an incident requiring emergency medical treatment, the medical assistant will telephone the student's parents/carers as soon as possible.

A list of emergency contacts will be kept at the school office.

7. Offsite visits and events

Before undertaking any offsite visits or events, the teacher organising the trip or event will assess the level of first aid provision required by undertaking a suitable and sufficient risk assessment of the visit or event and the persons involved.

For more information about the school's educational visits requirements, please see the Educational Visits and School Trips Policy.

8. Storage of medication

Medicines will always be stored securely and appropriately in accordance with individual product instructions, save where individual students have been given responsibility for keeping such equipment with them.

All medicines will be stored in the original contained in which they were dispensed, together with the prescriber's instructions for administration, and properly labelled, showing the name of the patient, the date of prescription and the date of expiry of the medicine.

All medicines will be returned to the parent/carer for safe disposal when they are no longer required or have expired.

An emergency supply of medication will be available for students with medical conditions that require regular medication or potentially lifesaving equipment, e.g. an EpiPen.

Parents/carers will advise the school when a child has a chronic medical condition or severe allergy so that an IHP can be implemented and staff can be trained to deal with any emergency in an appropriate way. Examples of this include epilepsy, diabetes and anaphylaxis. A disclaimer will be signed by the parents/carers in this regard.

9. Illnesses

When a student becomes ill during the school day, the parent/carer will be contacted and asked to pick their child up as soon as possible. A quiet area will be set aside for withdrawal and for students to rest while they wait for their parents to pick them up. Students will be monitored during this time.

10. Allergens

Where a student has an allergy, this will be addressed via the school's Allergen and Anaphylaxis Policy.

11. Consent

Parents/carers will be asked to complete and sign a medical consent form when their child is admitted to the school, which includes emergency numbers, alongside details of allergies and chronic conditions. Parents/carers must contact the school with any changes.

Staff do not act 'in loco parentis' in making medical decisions as this has no basis in law – staff will always aim to act and respond to accidents and illnesses based on what is reasonable under the circumstances and will always act in good faith while having the best interests of the student in mind – guidelines will be issued to staff in this regard.

12. Monitoring and review

This policy is reviewed annually by the governing board, and any changes communicated to all members of staff.

Staff will be required to familiarise themselves with this policy as part of their induction programme.

Staff will be informed of the arrangements that have been made in connection with the provision of first aid, including the location of equipment, facilities and personnel.

The next scheduled review date for this policy is May 2021.

Appendix 1

First Aid Procedures During the Coronavirus (COVID-19) Pandemic and Reconnecting Process

Statement of intent

The school aims to act in accordance with the First Aid Policy set out above as much as possible; however, we understand that we must remain compliant with the relevant first aid legislation while the school observes social distancing and infection control guidelines. This appendix sets out what additional actions the school will take once phased reopening begins.

The information in this appendix is under constant review and kept updated to reflect any changes to national or local guidance.

1. Enforcing new procedures

The school carries out a risk assessment which is used to help inform any changes to first aid provision, including the number of first aiders needed on site.

The school ensures that additional first aid procedures are communicated effectively to all students.

Staff are informed about their legal responsibilities regarding first aid and the additional procedures in place.

The school informs parents of any changes to provision outlined in this policy.

The school acknowledges that where conflicts between the relevant legislation and government guidance on managing the coronavirus pandemic arise, the legislation outlined in section 1 of this policy must be followed.

2. Social distancing and infection control measures

When administering first aid, the relevant staff are advised to:

- Wash their hands before and after administering first aid, using soap and water or alcohol-based hand sanitiser.
- Dispose of any waste in a suitable bin.
- Ensure frequently touched surfaces and equipment have been cleaned and disinfected before use.
- Keep at least two metres away from others, where practicable.
- Interact side-by-side where administering first aid requires interaction within a two-metre range.
- Minimise the duration of face-to-face contact where side-by-side interaction is not possible.
- Limit the number of people administering first aid in each incident.
- Ensure that all recipients of first aid are kept at least two metres apart from others, e.g. other recipients.
- Ensure that first aid is administered in a designated location, where possible, to minimise the spread of infection and any cleaning requirements.

The school acknowledges that the use of PPE is **not** required to administer first aid in most circumstances, with the exception of the event of a serious injury or an incident requiring emergency medical treatment, or if required to do so in accordance with the Infection Control Policy.

3. First aiders

The school ensures that there is a minimum of two trained first aiders on site during school hours.

Where a first aider must be sent home due to showing symptoms of coronavirus, the school ensures that the minimum number of first aiders on site is maintained and arranges cover where necessary.

Where cover must be arranged, the school ensures that:

- Adequate cover is in place before the member of staff leaves the premises.
- In the event that the member of staff must lawfully remain on site, the individual is isolated in a designated room and follows the school's social distancing and infection control measures.
- Symptomatic individuals strictly do not administer first aid.
- Alternative arrangements are in place to minimise the need for a symptomatic first aider to administer first aid or where first aid provision is compromised, e.g. high-risk activities are suspended.

4. First aid training

First aiders' training is kept up-to-date.

Where a first aider is unable to renew their training due to the coronavirus pandemic, they are instructed to:

- Check if they are eligible for an extension.
- Ensure they requalify before 30 September 2020.
- Undertake any training that can be done online where face-to-face training is not required or available.

5. Administering and handling medication

When administering medication, staff are expected to:

- Follow the procedures set out in the school policy for Medical Attention and the Administering of Medicines.
- Adhere to the school's social distancing and infection control measures as much as possible.
- Minimise the time spent in close proximity to others where maintaining a distance of two metres is not possible – staff should use side-by-side interaction with others instead.
- Minimise face-to-face contact where side-by-side interaction is not practical. The school acknowledges that the use of PPE is **not** required to administer medication in most circumstances, with the exception of the event of a serious injury or an incident requiring emergency medical treatment, or if required to do so in accordance with the Infection Control Policy.

When handling and storing medication, staff are advised to:

- Wash their hands for at least 20 seconds with soap and water or use an alcohol-based hand sanitiser before and after they handle medication.

- Wash and disinfect frequently touched surfaces before contact, including any receptacles for storing medicine, where required.
- Minimise the number of people handling medication.
- Ensure that medication or medical equipment brought in from home is safe to be taken home again.

6. Ill health and infection

Where an individual must wait on the school premises to go home when showing symptoms of coronavirus, staff ensure that:

- A suitably trained member of staff administers medication to help manage the individual's symptoms, where required, e.g. paracetamol to combat a high temperature.
- The individual is isolated in a cool, well-ventilated, designated area.
- They adhere to the school's social distancing and infection control measures.
- Areas used by the individual are cleaned and disinfected once they leave, e.g. toilets.
- In the event that a symptomatic individual requires first aid or medication, and a distance of two metres is practical and can be maintained, staff follow the procedures in section 2 of this appendix.
- Staff wear PPE when required to administer first aid or medication to a symptomatic individual if a distance of two metres cannot be maintained, e.g. the student has complex needs.
- If a member of staff has helped care for a symptomatic individual and develops symptoms themselves, they are sent home immediately.
- In the event that a first aider develops coronavirus symptoms, the procedures outlined in paragraph 3 are followed.

7. Emergencies

Accidents and emergencies are managed in line with section 5 of this policy.

When administering emergency first aid, social distancing restrictions do not apply.

A member of staff calls 999 immediately if a symptomatic individual becomes severely unwell or their life is at risk.

Parents/carers who must collect their unwell child from school are informed that they must call 999 if their child becomes severely unwell or their life is at risk.

8. Monitoring and review

This appendix is reviewed by the Headteacher in reaction to any new government advice.

The date of the next review is September 2022 or if guidelines change.

Once the school resumes regular activity, and if deemed appropriate by the Headteacher, all sections within this appendix will expire.