



International
Day of
Persons with
Disabilities

3 DECEMBER

International day of persons with disabilities

Monday 'Meaning'

This week's **Sacred Time** theme is 'International day of persons with disabilities'

Nearly 15 percent of the world's population has some kind of disability according to the World Report on Disability (WHO), making people with disabilities the largest minority group in the world. And yet, people with disabilities still receive so little representation in the media. The International Day of Persons With Disabilities, December 3, is an annual observance started in 1992 by the UN General Assembly that aims to "promote the rights and well-being of persons with disabilities in all spheres of society."

Why is this theme relevant in today's world?

Tuesday 'Talks'

This week's **Sacred Time** theme is "International day of persons with disabilities".

To celebrate this year, the disabled community is asking people to only boost disabled creators content on social media platforms like TikTok, educate themselves on our history and civil rights movements, and think about the ways in which the things you do can be more inclusive and accessible to people with disabilities.

Personal pause – One easy way to participate in The International Day of Persons With Disabilities is to expand your Following list to include more creators with disabilities. Emily Rose, aka @emilyrose_paints.



'Try it' Tuesday

Each week for 'Try it' Tuesday, we will get an opportunity to put sacred time into action and be the 'Good Samaritan'. It will also be a chance to have a personal pause. This week let's think of one thing where we can turn a negative into a positive. How can we bring light out of darkness? How can we bring good out of a bad situation. Make a list of qualities that nurture your inner light such as compassion, kindness, and generosity. Commit yourself to further cultivating one of these qualities starting in the here and now.



Wednesday 'Words of Wisdom'



This week's theme on 'International day of persons with disabilities'.

Psalm 139:13-14 For it was You who created my inward parts; You knit me together in my mother's womb. I will praise You because I have been remarkably and wonderfully made. Your works are wonderful, and I know this very well.

Read today's specific Bible reading [HERE](#).

Thursday 'Thoughtfulness'

Our thoughtfulness for today is a prayer:

Lord, help children with disabilities know they are loved and they matter to You and the world. Through Your Spirit, help workers train parents and community leaders to walk in humility to eliminate destructive stigma toward people with disabilities.

Listen to the BBC Radio 4 'Thought for the Day' [HERE](#).



'Find out' Friday



What is happening in the world around us? **Watch** Newsround to find out more [HERE](#).



Key questions

What is happening in your world?

What is happening in St Helens and our local area?

Can we relate our theme this week to what is going on in the world?

Can we do anything to help any issues that our facing the world this week? Should we help?

Our **Cultural Capital** Sacred time this week links to **Tolerance**.

Understanding the differences of others can make us more tolerant towards one another.



Form activity



Google '**International day of persons with disabilities**' and click on images. You will find loads of inspirational quotes. As a form class, come up with your own inspirational quote. Share this in the SACRED ROOM google classroom.