

We start each Sacred Time with the sign of the cross.

Sign of the cross: In the name of the Father,
and of the Son and of the Holy Spirit. Amen.



- This prayer is calling to mind God - who is the Father, Son and Spirit.
- We are reminding ourselves to remember God in our **thoughts**, in our **hearts** and in the **work** we do.
- The actions make a cross to remind us about Jesus.
- The sign of the cross marks that this is a special time.

Let us make the sign of the cross together.



Sacred Time Theme:

Service

Jesus said, 'The last will be first and the first will be last'



Day 1: Yom Kippur

24th - 25th September this year is Yom Kippur. The Jewish community around the world are marking this special festival.

Watch this clip: <https://www.bbc.co.uk/newsround/41337138>



Day 1: Yom Kippur - questions reflected on...

What was I like in the past?

Am I the best person I can be?

Are there any relationships I need to repair/work on?

What I can I do better?

What am I sorry for?



Day 1: Prayer for Yom Kippur

Dear Lord,

We prayer for our Jewish brothers and sisters around the world as they mark this solemn time of Yom Kippur.

Help us to reflect upon our own lives. Help us to always be our best and to treat others as we want to be treated.

Amen.

Day 2: Word of the Week

This week's Gospel story talks about **Service**.

- What does service mean?

Day 2: Word of the Week

Service means 'to provide help'

- What examples of service can you think of?

Day 2: Word of the Week

This week's reading:

Jesus' disciples are arguing about who is the greatest. Then...

Jesus said, 'The last will be first and the first will be last'

Jesus is talking about when we enter heaven.

- What is Jesus' message here?
 - Is this always easy?

Day 2: Word of the Week

Jesus said, 'The last will be first and the first will be last'

In this passage Jesus flips the world upside down. We live in a time where we are told that we have to be the best, even if it means stepping on others to get there.

Jesus reminds us here that actually what is important is how we treat others. **If we want to be at the top in God's kingdom, we have to put others first!**

Let us pray...

**Dear Lord,
Thank you for showing us how to treat
others. Help us treat all people with love
and respect. Help us to think of others
and not just ourselves.**

Amen.

Day 3: Feast of St. Vincent de Paul



St. Vincent de Paul was born to a poor family in France (he lived near the river 'Paul' - hence his name 'de Paul'/'of Paul').

He became a Catholic priest in 1600. Not long after his ordination he was captured by pirates and sold into slavery.

He managed to convert his owner to Christianity and convinced him to help him get back to Paris. When he returned he became a helper to prisoners during the day and at night he would take to the streets of Paris and help the poor street children.

Day 3: Feast of St. Vincent de Paul

St. Vincent set up hospitals and schools to help the most needy. He dedicated his life to serving others and putting them first.

He later on had groups of women who wanted to help him in his work. He founded a group of nuns called the Lady's of Charity. Many other Vincentian organisations followed and still follow St. Vincent's example today.



Let us pray...

**Dear Lord,
St. Vincent de Paul inspires us to care
for the most needy. Fill us with that
same love and care for others,
especially the poor. Help us to go out
into the world and make a difference.
Amen.**