

We start each Sacred Time with the sign of the cross.

Sign of the cross: In the name of the Father,
and of the Son and of the Holy Spirit. Amen.



- This prayer is calling to mind God - who is the Father, Son and Spirit.
- We are reminding ourselves to remember God in our **thoughts**, in our **hearts** and in the **work** we do.
- The actions make a cross to remind us about Jesus.
- The sign of the cross marks that this is a special time.

Let us make the sign of the cross together.

Autumn Term 1 - Week 4

Season: Ordinary Time

Liturgical Colour: Green



St Cuthbert's
Catholic High School
Live life in all its fullness

Sacred Time Theme:

Harvest

'What a rich harvest your goodness provides!' – Psalm 65



St Cuthbert's Catholic High School
Live life in all its fullness



Day 1: Harvest



Many people around the world celebrate harvest festivals at this time of

In our British past people celebrated harvest festivals where they were thankful for all that was produced during the growing season. Crops were taken to church through the

It was, and still is, a time to look back at the work of the farmers and the

Today many churches and schools



Do you ever stop and think where your food comes from?

Think about all the people involved in getting food to you.

Let us spend a moment in prayer...

Let us give thanks for all the food we have and people involved who work hard to provide food for us everyday.

Let us give thanks for the planet and seasons that provide for us. Let us give thanks for our families that provide for us and the canteen staff who cook for us in school. Amen.

Day 2: Word of the Week

‘What a rich harvest your goodness provides!’ –

Psalm 65

The book of Psalms in the Old Testament is book of poems and songs to God. They usually praise and thank God for all He does.

Here is author is praising God for the wonderful harvest and food He provides!

Day 2: Word of the Week



Harvest time is a time to be **thankful** for all we have all God gives to us.

- What are you thankful for in your life?
- Do you show you are thankful to your family and a friends?

Challenge: Say thank you to someone who cares for you or show them how grateful you are to them.

Day 2: Word of the Week

Close your eyes and think of all the things
you are thankful for.

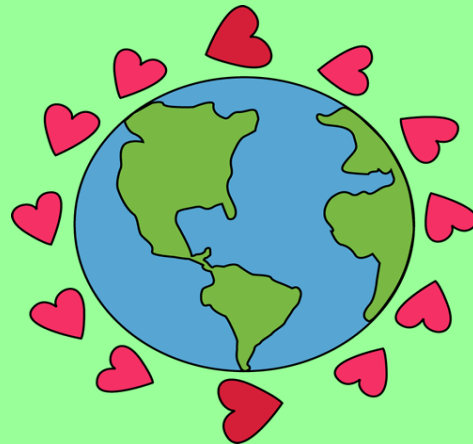
Say this prayer together...

Thank you Lord for all of the wonderful
things and people in my life. Help me to
remember how blessed I am. Amen.

Day 3: The World around us

This week we are looking harvest and at being thankful for all we have. Not everyone is the world is as lucky as we are in the UK. Not everyone has all they need.

Have a go at this quiz to see how much you know about world poverty.



Day 3: The World around us

Question 1

What percentage of the world population lives in extreme poverty?

- a. 2%
- b. 3%
- c. 5%
- d. 9%

Answer = 689 million people

Extreme poverty means living significantly below the poverty line. These people live on less than £1.20 per day! This means they will struggle to have enough food, decent housing, an education, access to medicine.

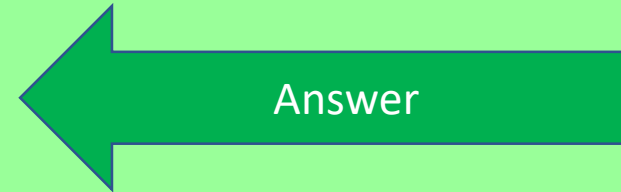
This is just extreme poverty. Many more are living just on the poverty

Day 3: The World around us

Question 2

What region of the world has the highest amount of people living in extreme poverty?

- a. Africa
- b. Europe
- c. Asia
- d. South America



Day 3: The World around us

Question 3

Approximately how many children around the world die from living in poverty everyday?

- a. 250
- b. 500
- c. 1,500
- d. 5,000



Answer

Should this still be happening in 2023?

Day 3: The World around us

Question 4

Approximately how many children around the world die from living in poverty everyday?

- a. 250
- b. 500
- c. 1,500
- d. 5,000



Answer

Should this still be happening in 2023?

Day 3: The World around us

Question 5

How many people in the world do not have access to clean water?

- a. 10%
- b. 15%
- c. 20%
- d. 30%

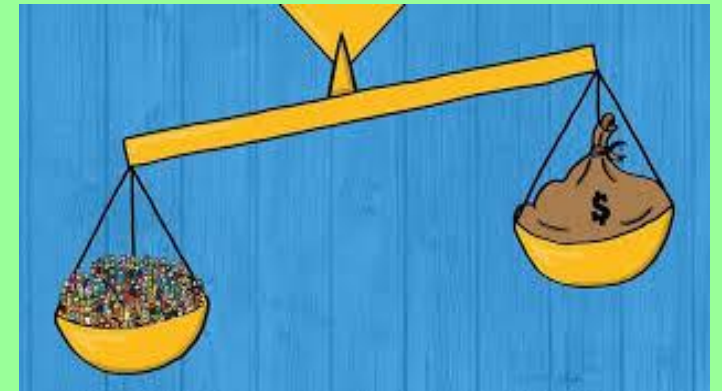
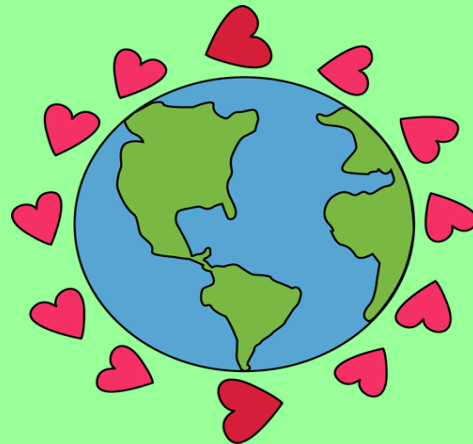


Answer – 8 billion people

Should this still be happening in 2023?

Day 3: The World around us

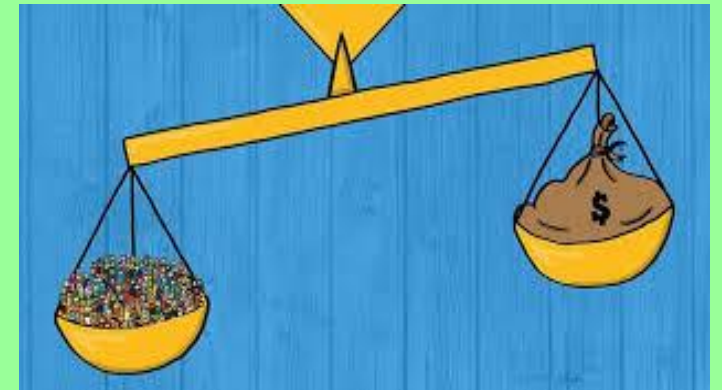
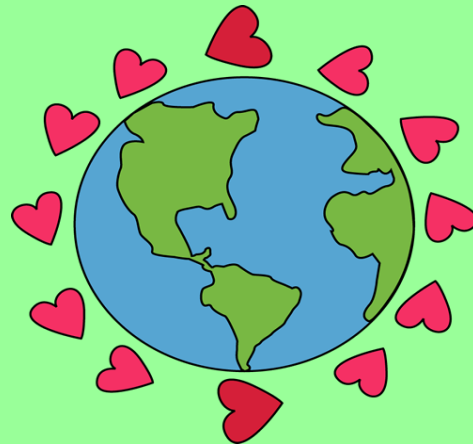
- What do you think about these statistics?
- What are some of the causes of poverty in the world?



Day 3: The World around us

Dear God almighty,

We pray for our brothers and sisters around the world who do not have all they need. Please guide all world leaders to create a fairer world where everyone is happy. Help me to do my bit to help those in need. Amen.



Day 4: CAFOD Fast Day

CAFOD - Catholic Agency for Overseas Development are a charity that help those in need around the world.

Watch this video about one of the ways CAFOD helps. [Clip](#)



CAFOD
Just one world

The logo features the word 'CAFOD' in a bold, black, sans-serif font. The letter 'O' is stylized as a globe with a green circle in the center and a white outline. Below the main text, the tagline 'Just one world' is written in a black, cursive script.

Day 4: CAFOD Fast Day

Today is harvest fast day. CAFOD asks that people give up some food today because...

- It helps us remember our hungry brothers and sister around the world
- The money saved on food could be donated to

CAFOD



If people are unable to fast they ask them we pray for their work.

Day 4: CAFOD Fast Day

- Could you eat less today to show your support?
- Want to donate money? See Mrs McDonagh in the chapel at lunchtime.



Let us pray...



Dear Lord of love,

Thank you for the work of charities like CAFOD.
Help the staff and volunteers as they carry out
their work to help the most vulnerable and needy.
Let them inspire us to take care of our neighbours.

Amen