



Theme of the Week:

Commitment

'Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up' - Galatians 6:9

Day 1 - Praying for Peace

You have probably seen in the news that there is conflict in the Middle East.

To find out more watch this [clip](#)



Day 1 - Praying for Peace

Dear Lord,

We pray for the many people whose lives have been torn apart by conflict in Gaza and Israel.

We remember especially those who have died, those who are grieving, the injured and those without food, shelter or medical supplies.

We pray for those who have the power to bring peace. May they be touched by a spirit of compassion and kindness.

Amen.

Day 2 - Commitment

In this week's word of the week it says:

'Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up' -
Galatians 6:9

What is the message?

Day 2 - Commitment

'Let us not become weary in doing good'

Think of something good you can commit to this week.

- Helping someone
- Saying something nice to someone
 - Giving to charity
 - Doing good work

Day 2 - Commitment

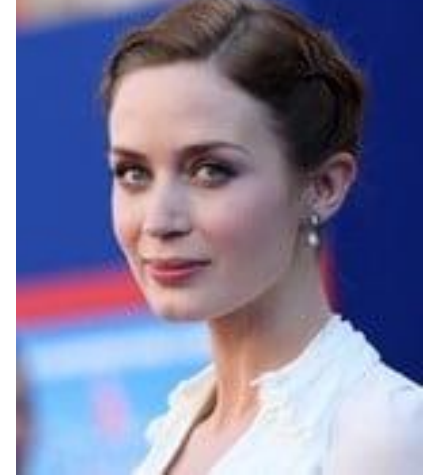
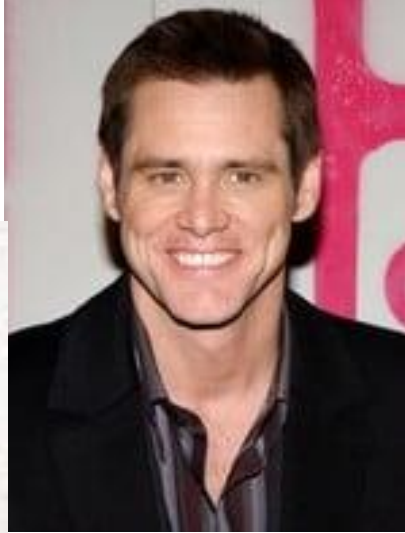
Let us pray...

Dear Lord,

Help us to fulfil our commitments and strive to make
the world a better place.

Amen.

Day 3 - Commitment



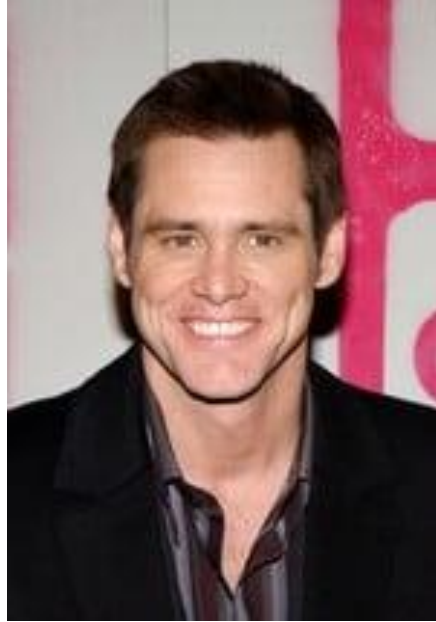
- Can you name these famous people?
- How did they show commitment?



J.K. Rowling - the author of Harry Potter

She was really struggling with money and had a small baby, which she could barely afford to feed, when she wrote the first Harry Potter book. She was so poor she couldn't afford a computer or even the cost of photocopying the 90,000-word novel, so she manually typed out each version to send to publishers. It was rejected dozens of times until finally Bloomsbury, a small London publisher, gave it a second chance after the CEO's eight year-old daughter fell in love with it.



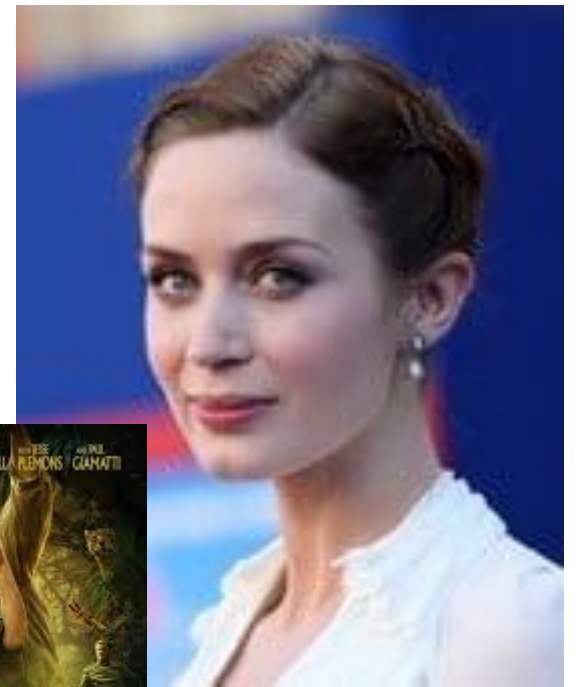


Jim Carrey - Famous actor. When Carrey was 14 years old, his father lost his job, and his family hit rough times. They moved into a VW van on a relative's lawn, and the young aspiring comedian, at age 10 took an eight-hours-per-day factory job after school to help his family.

At age 15, Carrey performed his comedy routine onstage for the first time—in a suit his mom made him—and totally bombed, but he was undeterred. He moved to LA shortly after, and worked hard. He hit the big time with his first film, *Dumb and Dumber* in 1995.



Before Emily Blunt was a famous actress, she could barely carry a conversation with her classmates: Between ages seven and 14, Emily had a major stutter. As she told *W* magazine, "I was a smart kid, and had a lot to say, but I just couldn't say it. It would just haunt me. I never thought I'd be able to sit and talk to someone like I'm talking to you right now." But that all changed when one of her teachers encouraged her to try out for the school play—a totally unappealing feat given the fact that she had such a hard time communicating. But the teacher kept gently pressing and suggested she try accents and character voices to help get the words out—and it worked. By the end of her teens, Blunt had overcome her stutter and went on to achieve great success.





Harriet Tubman (1822 - 1913) Harriet Tubman grew up in slavery working on plantations in Maryland US. Her grandmother was brought there on a slave ship from Africa. As she was growing up three of her younger sisters were sold by the plantation owners. Life as a slave was horrendous. Harriet was regularly whipped and suffered a severe head injury after having a rock thrown at her head by a slave owner. She spent her whole life having fits, blurred vision and headaches as a result of this injury. Harriet escaped from slavery, but risked her life by returning on many dangerous missions to Maryland where she helped lead hundreds of slaves to freedom. She also served as an agent and leader during the Civil War. Harriet spent her whole life helping others and campaigning for equality.



Malala Yousafzai became an international symbol of the fight for girls' education after she was shot in 2012 for opposing Taliban restrictions on female education in her home country of Pakistan. In 2009, Malala had begun writing a blog under a false name about the increasing military activity in her home town and about fears that her school would be attacked. After her identity was revealed, Malala and her father Ziauddin continued to speak out for the right to education.

The Taliban attacked Malala on 9th October 2012 as she was returning home from school with her friends on the bus. She was shot three times. Thankfully Malala recovered. She has since fought for the right to education for all around the world.

In 2013, Malala and her father co-founded the Malala Fund to bring awareness to the social and economic impact of girls' education and to empower girls to demand change. In December 2014, she became the youngest-ever Nobel Peace Prize winner.

Day 3 - Commitment

Commitment means to have 'dedication to something' or to 'promise something'.

Commitment is one of our school values because Jesus showed he was committed to God's plan which led him to die on the cross and rise from the dead. Jesus was committed to helping others, especially those in need or who were sick.

Our school is committed to helping you thrive and live life in all its fullness.

We want you to be committed to your learning, gifts and

Day 3 - Commitment

Dear God,

Help us to be dedicated to our learning and to being the best that we can be. You created us to live life in all its fullness - help us to do this.

Thank you for all the school staff that are committed to helping us on our journey here at St. Cuthbert's. Be with them always.

Amen.

Day 4

Spend sometime this morning thinking about the things **you** want to pray for. Ask God to answer your prayers.

Say the Lord's prayer, the prayer Jesus taught us, together...

Our Father, Who art in heaven, hallowed be Thy name;
Thy kingdom come; Thy will be done on earth as it is in
heaven. Give us this day our daily bread; and forgive us
our trespasses as we forgive those who trespass against
us; and lead us not into temptation, but deliver us from
evil. Amen.