

# Lots of kids will get a new smartphone with a built-in camera this Christmas...

Although they may not admit it, children are also worried about things that can happen *by-phone*.

Engaging with your kids can help build the confidence & resilience they need to cope.



For example, a regular sit down meal is a great way of encouraging kids to open up.



For kids who need extra help with new technology, *Parental Controls* can also be useful.

For example, the Parental Control *SelfieCOP* teaches kids to use their phone's built-in camera safely.

It allows them to chat more freely about things they like on their phones, as well as things they don't.



*SelfieCOP* reminds kids that any photos or videos they take may ultimately be seen by anyone.

*SelfieCOP* also allows parents to monitor their child's images to help safeguard behaviour.



Download the *SelfieCOP* apps for free at [www.selfiecop.com](http://www.selfiecop.com)



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*'SelfieCOP is a useful tool to help parents safeguard their children's online activities.'*

Andrew Jackson, AntiBullying Co-ordinator, ISPPCC.



SelfieCOP is FREE till January 2016