Hello

GCSE Physical Education + BTEC Health and Social Care

Edexcel GCSE PE 2024 (1PE0) Paper 1

Date: 22nd May Time: PM Marks: 80 Length: 90 min Marks per min: 0.89
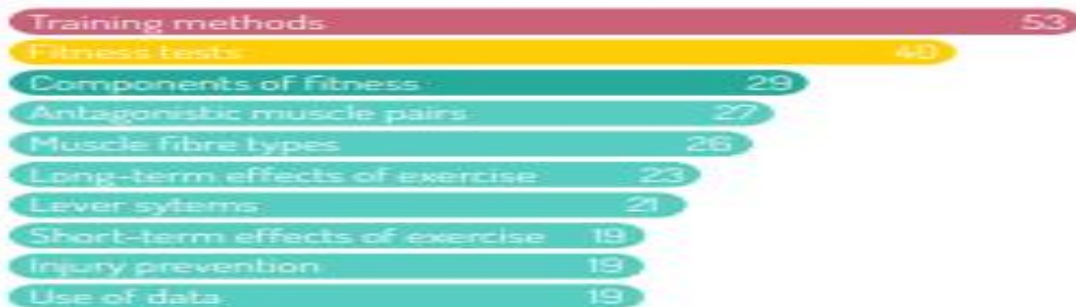
REVISION

Watch our live revision sessions on youtube.com/TheEverLearner

▶ YouTube

Wed 8th May 16:30

Most examined topics

- Training methods — 53
- Fitness tests — 40
- Components of fitness — 29
- Antagonistic muscle pairs — 27
- Muscle fibre types — 26
- Long-term effects of exercise — 23
- Lever sytems — 21
- Short-term effects of exercise — 19
- Injury prevention — 19
- Use of data — 19

Total marks for all Paper 1s since 2018

Skills

- IDENTIFY STATE — 34 Marks
- EXPLAIN — 21 Marks
- EVALUATE — 9* Marks
- DESCRIBE OUTLINE — 6 Marks
- ANALYSE — 6 Marks
- JUSTIFY — 4 Marks
- DISCUSS — 2 Marks
- DEFINE — 1 Marks
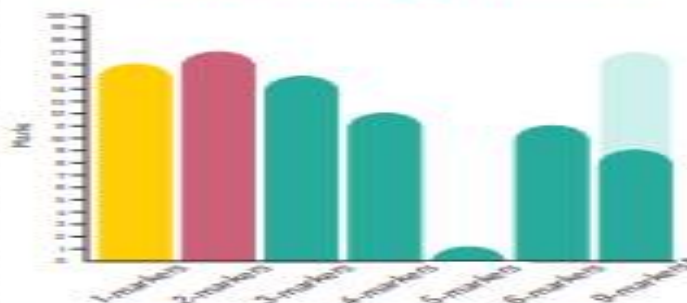
*Only one EAG per paper from 2023. Historically, the average is 15 marks, but in 2024 it will be 9.

Average marks for all Paper 1s since 2018

AO coverage

- AO3 — 20 marks
- AO1 — 34 marks
- AO2 — 26 marks

AO coverage for Paper 1 2023. Average for Paper 1 since 2018 is AO1-37, AO2-30, AO3-22 (two 9-markers until 2022).

Mark allocation

1-markers, 2-markers, 3-markers, 4-markers, 5-markers, 6-markers, 9-markers*
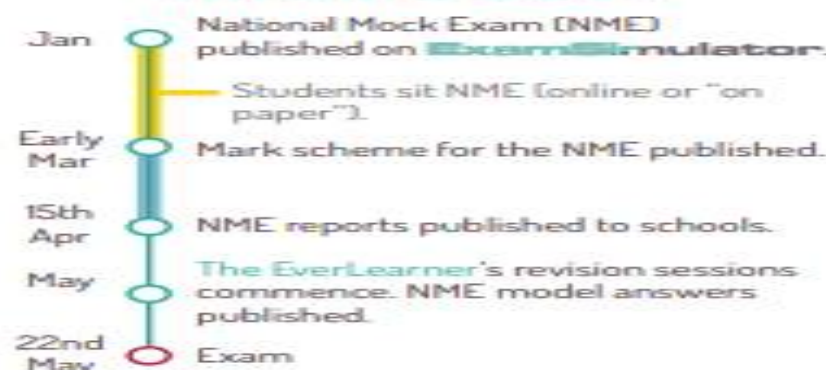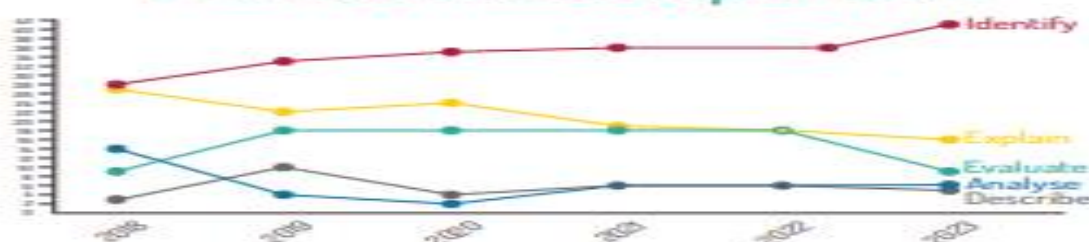
*Historical average in light green. Since 2023, there is one 9-marker per paper, so nine marks only.

Average marks for all Paper 1s since 2018

Timeline 2024

- Jan — National Mock Exam (NME) published on ExamSimulator.
- Students sit NME (online or "on paper").
- Early Mar — Mark scheme for the NME published.
- 15th Apr — NME reports published to schools.
- May — The EverLearner's revision sessions commence. NME model answers published.
- 22nd May — Exam

Marks awarded per skill

- Identify
- Explain
- Evaluate
- Analyse
- Describe

2018, 2019, 2020, 2021, 2022, 2023

Revision tips

- Use the tutorials, quizzing and testing on The EverLearner.
- Sit the National Mock Exam with your teacher and review with the mark scheme and model answers.
- Attend The EverLearner's Live Revision on ▶ YouTube.
- **ES** Do plenty of exam practice on ExamSimulator.
- Take great notes and learn them!
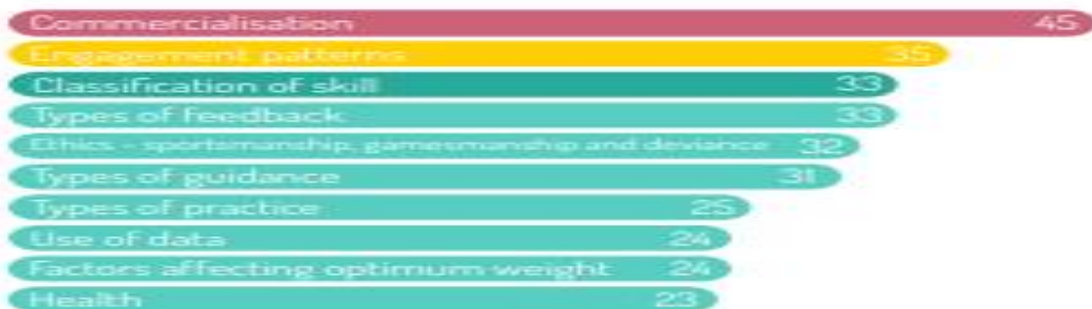
Edexcel GCSE PE 2024 (1PE0) Paper 2

Date: 3rd June   Time: PM   Marks: 60   Length: 75 min   Marks per min: 0.8

REVISION

Skills

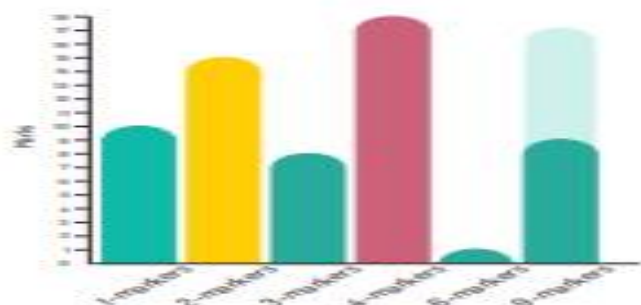|			
EXPLAIN **23** Marks	IDENTIFY/STATE **19** Marks	EVALUATE **9** Marks	DESCRIBE/OUTLINE **4** Marks
ANALYSE **3** Marks	DISCUSS **2** Marks	JUSTIFY **2** Marks	ILLUSTRATE **1** Marks

*Only one EAQ per paper from 2023. Historically, the average is 15 marks, but in 2024 it will be 9.

Average marks for all Paper 2s since 2018

Total marks for all Paper 2s since 2018

- Commercialisation — 45
- Engagement patterns — 35
- Classification of skill — 33
- Types of feedback — 33
- Ethics - sportsmanship, gamesmanship and deviance — 32
- Types of guidance — 31
- Types of practice — 25
- Use of data — 24
- Factors affecting optimum weight — 24
- Health — 23

AO coverage
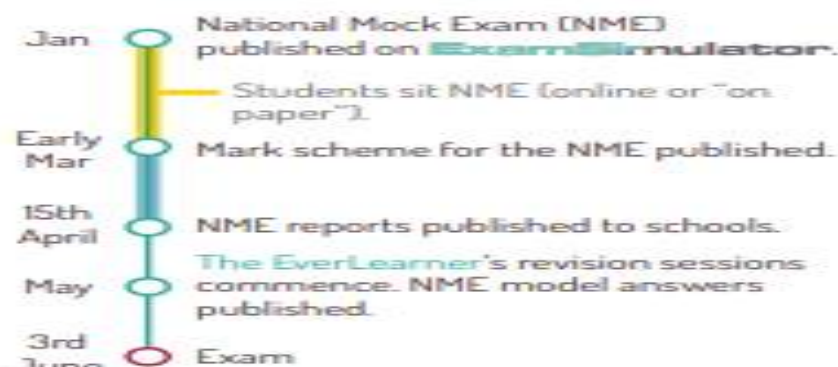
- AO3 15 marks
- AO1 24 marks
- AO2 21 marks

AO coverage for Paper 2 2023. Average for Paper 2 since 2018 is AO1-27, AO2-44, AO3-16 (two 9-markers until 2022).
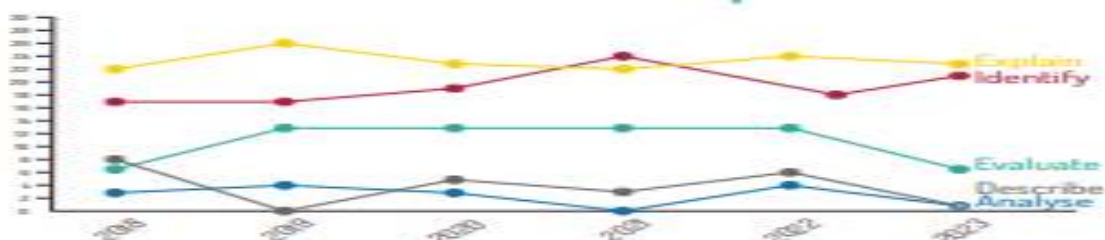
Mark allocation

Average marks for all Paper 2s since 2018

1-markers, 2-markers, 3-markers, 4-markers, 6-markers, 9-markers

Timeline 2024

- **Jan** — National Mock Exam (NME) published on ExamSimulator.
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- **Early Mar** — Mark scheme for the NME published.
- **15th April** — NME reports published to schools.
- **May** — The EverLearner's revision sessions commence. NME model answers published.
- **3rd June** — Exam

Marks awarded per skill

- Explain
- Identify
- Evaluate
- Describe
- Analyse

2018, 2019, 2020, 2021, 2022, 2023

Revision tips

- Use the tutorials, quizzing and testing on The EverLearner.
- Sit the National Mock Exam with your teacher and review with the mark scheme and model answers.
- Attend The EverLearner's Live Revision on ▶ YouTube.
- **ES** Do plenty of exam practice on ExamSimulator.
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Pearson BTEC Level 1/Level 2 Tech Award in Health and Social Care

Component 3 - Health and Wellbeing

-Factors affecting health and wellbeing
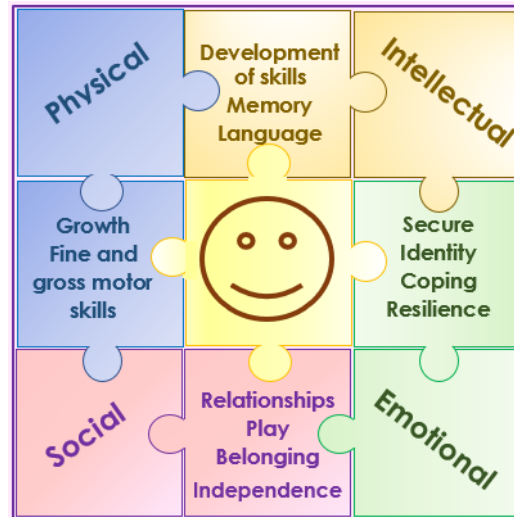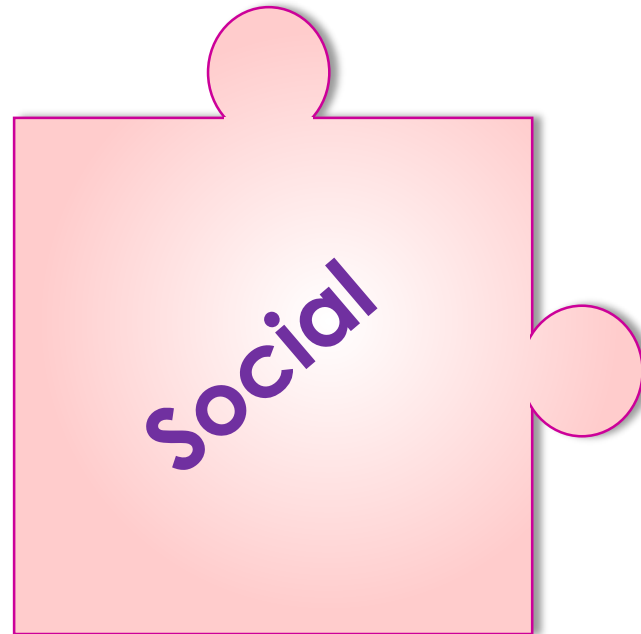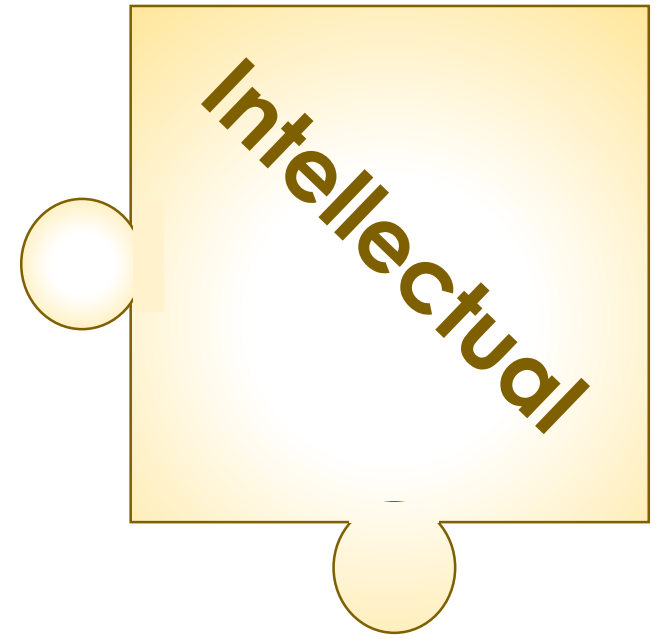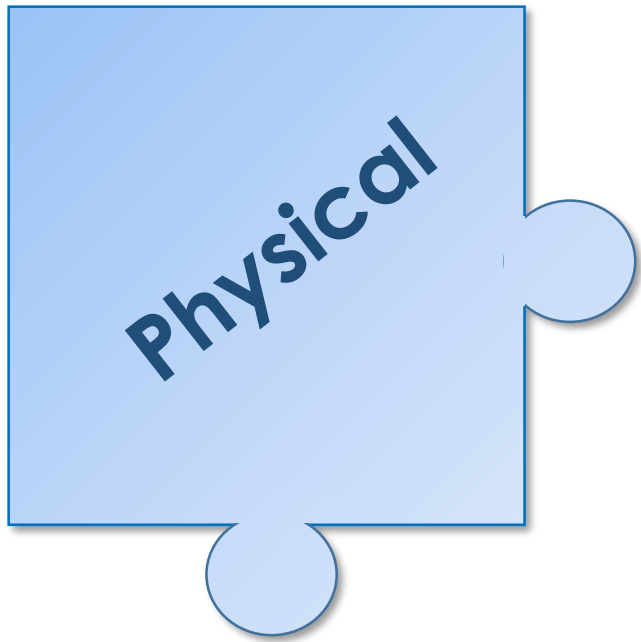
-Interpreting health indicators;

- Recommendations and actions to improve health and wellbeing.

PIES

Interlinked

Physical

Intellectual

Social

Emotional

Physical	Development of skills Memory Language	Intellectual
Growth Fine and gross motor skills	😊	Secure Identity Coping Resilience
Social	Relationships Play Belonging Independence	Emotional

Pearson BTEC Level 1/Level 2 Tech Award in Health and Social Care

Exam date 7th May 2023 - 2 hours

Get this right when asked to explain:

- Questions worth 2 or 4 marks

- Marks are always **awarded in pairs** – 1 mark for correctly identifying a point and 1 mark for an appropriate expansion

- Make a point e.g. an effect

- Be specific about it, use the right **key term** for it

- Expand each point to a full **explanation** e.g. how that effect impacts health and well being

More Exam Gold

Get this right when asked to identify / state / give:

- Identify or state questions can be answered briefly by either **ticking the box** if it is a multiple choice/response question or with **short answers** if there is space to write.

- **Read the questions carefully** and give what is specifically required – if asks for a physical factor, emotional or social will not be credited (even if they are accurate)

- Check your answers **matches the context** and **be precise**.

- Don't waste time repeating the question or describing/explaining something!

More Exam Gold

Get this right when asked to discuss:

- Aim to make a minimum of **four** good points
- Be specific, **link appropriately** to the case study scenario
- Expand each point to a **full explanation**
- Consider **alternative perspectives** e.g. positives and negatives
- Create a **logical** and **linked discussion**, showing how your points interrelate
- Use **accurate specialist language** and key terminology

St Cuthbert's Catholic High School

Live life in all its fullness