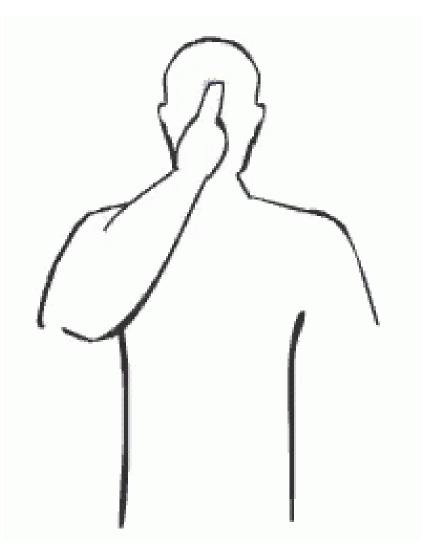
### We start each Sacred Time with the sign of the cross.



<u>Sign of the cross:</u> In the name of the Father, and of the Son and of the Holy Spirit. Amen.

- This prayer is calling to mind God who is the Father, Son and Spirit.
- We reminding ourselves to remember God in our thoughts, in our hearts and in the work we do.
- The actions make a cross to remind us about Jesus.
- The sign of the cross marks that this is a special time.

Let us make the sign of the cross together.

Advance notice:

This week is Anti Bullying Week.

On Friday, we are having a Odd Socks Day.



Please wear odd socks to school to show we are all unique and special! Staff are included in this invite. <sup>(2)</sup> Prizes gives for the best odd socks!!

Also, please bring money on Friday as the Equality Ambassadors having a cake stall for charities who help with bullying. Please support them. Autumn Term 2- Week 2 Season: Ordinary Time Liturgical Colour: Green

# <u>Sacred Time Theme</u>: Catholic Social Teaching: Common Good





Common Good is one of the principles of Catholic Social Teaching. These are 7 ways Catholics should work to put their faith and beliefs into action.

> What do you think the 'common good' mean?



Common good means = the benefit or interests of all. This means not just thinking abut ourselves but thinking about others too. Catholics believe all humans are special because we are made by God, so everyone should have the chance to live the best life they can possibility have - a life in all its fullness!!

We all called to work for the 'common good', which means we should try to make the world a fair place of love, care, equality and respect for ALL PEOPLE.

### Day 1: Remembrance Day

Remembrance Day is on the 11<sup>th</sup> November each year.

The Armistice, an agreement to end the fighting of the First World War, began at 11am on 11 November 1918. Armistice is Latin for to stand (still) arms. To this day we mark Armistice Day around the United Kingdom with a Two Minute Silence at 11am on the 11th day of the 11th month. video clip



### Day 1: Remembrance Day

Let us remember all those who served and gave their lives to protect our country and freedom in war.

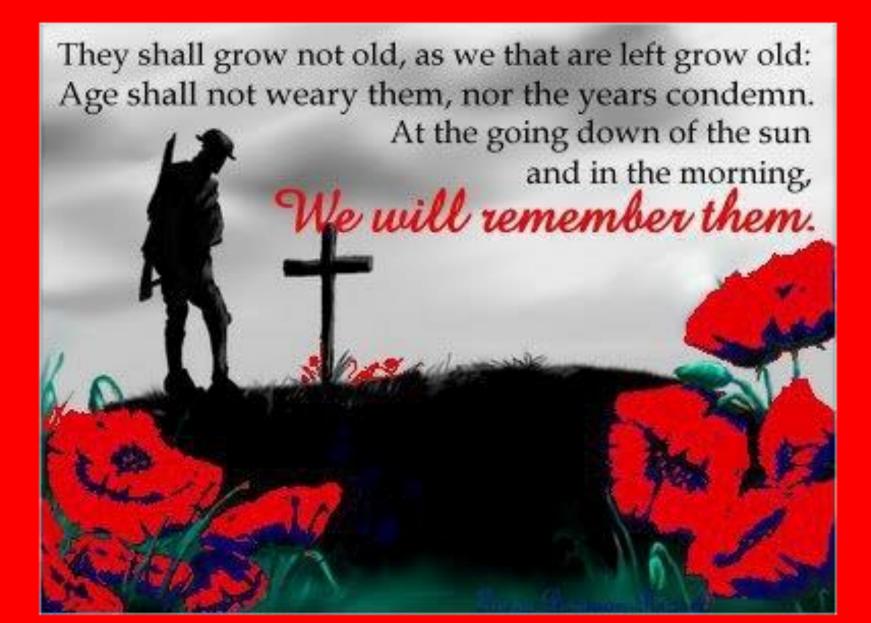
Let us give thanks for them and their sacrifice.

We also think about those still affected by conflict around the world.





### Day 4: Remembrance Day



We remember with thanksgiving and sorrow those whose lives, in world wars and conflicts, past and present, have been given and taken away. We pray for their families. Give comfort to those who mourn. Let us learn a lesson from the past so that all the world may have brighter tomorrow.

Amen.



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### Day 2: The Month of November

In the Catholic Church, November is traditionally a month when we pray for and remember those who have died.

November begins with All Saints Day and All Souls Day. These are the days were we remember the Saints and all the people who have died.



### Day 2: The Month of November

We are going to pray as a school community for all the people who have died and were important to us.

Write down the names of people you want to remember. (You do not need to put your name on)

Add all the names to the box that is in the Drama Theatre.

At the end of this week the names will be placed in the chapel. These people will be prayed for and remembered. We also pray for their families and the people that miss them.

Pray together this traditional Catholic prayer for those who have died.

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May the souls of the faithful departed, through the mercy of God, rest in peace. Amen.



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#### Day 3: World Kindness Day

World Kindness Day is celebrated on the 13<sup>th</sup> November.

The aim of the day is the spread love and kindness to help others feel happy!

Your challenge: Do something kind this week for someone else.

As a form, discuss, what can you do to spread some kindness to make the world a better place.





### Dear Lord, Help us to be kind today, this week and always. Help us make the world a better place through our actions. Amen.



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## Day 3: Anti-Bullying Week

This week is Anti-Bullying Week.

Anti-bullying Week is a national week that aims to raise awareness of the types of bullying and the impact bullying has on people. The ultimate aim is to get rid of all bullying in every area of society so that everyone can live in peace and with equality.











Please wear odd socks to school tomorrow to show we are all unique and special! Staff are included in this invite. <sup>(c)</sup> Prizes given for the best odd socks!!

Also, please bring money tomorrow as the Equality Ambassadors having a cake stall for charities who help with bullying. Please support them.





Dear Lord,

Help us to remember that you have created us all as special and unique. Help our community to build a culture of equality and acceptance so that no one ever feels bullied or upset by another person.

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Amen.

#### Day 4

- ✓ Read the anti-bullying charter as a form.
- ✓ All sign the charter to symbolize your commitment to ensure St. Cuthbert's is a bully free, safe school.
- Display the charter in your form as reminder of your commitment.



#### St. Cuthbert's Anti-Bulling Charter 💐

- We all have a responsibility to treat each other as we would like to be treated, just as Jesus taught.
- ☆ We all have the responsibility to choose our words carefully. If we think that our words or actions will offend then we must make kinder choices. Stop and think about how you may make others feel.
- We all have the responsibility to make St. Cuthbert's a community of tolerance, acceptance and compassion.
- We all have the responsibility to help someone who is the victim of bullying by reporting incidents to a trusted adult.
- We all have a responsibility to not reinforce bullying actions by laughing, providing an audience or by joining in.
- We all have the responsibility to make our school a safe place where everyone can be the themselves, just as God made us. St. Cuthbert's is a school where everyone can live their life in all its fullness.

#### Dear Lord,

as Anti-Bullying Week draws to a close, we pray for lasting change. May the conversations sparked, the empathy kindled, and the actions taken continue far beyond this week. Strengthen our commitment to combat bullying in all its forms. May the lessons learned and the awareness raised fuel a movement of love, acceptance, and understanding.

Guide us in our daily lives, reminding us to treat one another with respect and compassion. Together, let us create a world where bullying has no place and where every individual can thrive. In Your name, we pray.



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#### Amen.