

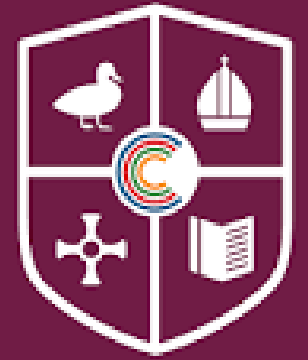
We start each Sacred Time with the sign of the cross.

Sign of the cross: In the name of the Father,
and of the Son and of the Holy Spirit. Amen.



- This prayer is calling to mind God - who is the Father, Son and Spirit.
- We reminding ourselves to remember God in our **thoughts**, in our **hearts** and in the **work** we do.
- The actions make a cross to remind us about Jesus.
- The sign of the cross marks that this is a special time.

Let us make the sign of the cross together.



Sacred Time Theme:

Advent



Day 1

If your home was being visited by a special guest, how would you prepare for their visit?



- Food?
- Decorations?
- Nice clothes?
- Tidy up and clean?



Day 1

Advent comes from a Latin word that means 'arrival'.

Advent is the season of preparation for the arrival of a very special guest - *Jesus at Christmas*. It is a joyful time of hope and expectation.

[What is Advent? Watch this clip](#)

How do Christians prepare for Jesus?

Day 1

It is important that Christians prepare spiritually for Jesus and prepare their lives for his arrival.

They will decorate their homes, spend time with their family and do the Christmas shopping.

However, they will also spend time in **prayer**, ask for **God's forgiveness** to clean out their lives and will **think of others** too by maybe giving to charity.

Advent Appeal

**SPREAD JOY THIS
CHRISTMAS**

ST. CUTHBERT'S YOUTH SVP GROUP ARE MAKING CHRISTMAS
HAMPERS FOR LOCAL PEOPLE IN NEED.

WE NEED...

- CHOCOLATE
- SHOWER GEL
- TOOTH BRUSHES
- TOOTH PASTE
- SHAMPOO
- SOAP
- ANY SMALL GIFT ITEMS

**PLEASE BRING DONATIONS TO SCHOOL BY
13TH DECEMBER.
THANK YOU.**

Please see your
form tutor or Mrs
McDonagh to
receive an R3 for
living out the
school value of
compassion.

Bring items to
form, RE or leave
at reception.

Let us pray...

Dear Lord,

Help us to remember the real meaning of the season of Advent. Help us to prepare spiritually as well as physically for your arrival at Christmas.

Amen.

Day 2 - Hope

An Advent wreath helps us to count down the 4 Sundays to Christmas. A candle is lit every Sunday at church. There is a white candle in the center that is lit on Christmas day.

The candles and the wreath are very symbolic.



4. The fourth candle represents love. This candle reminds us that God loved the world that he sent Jesus to us.

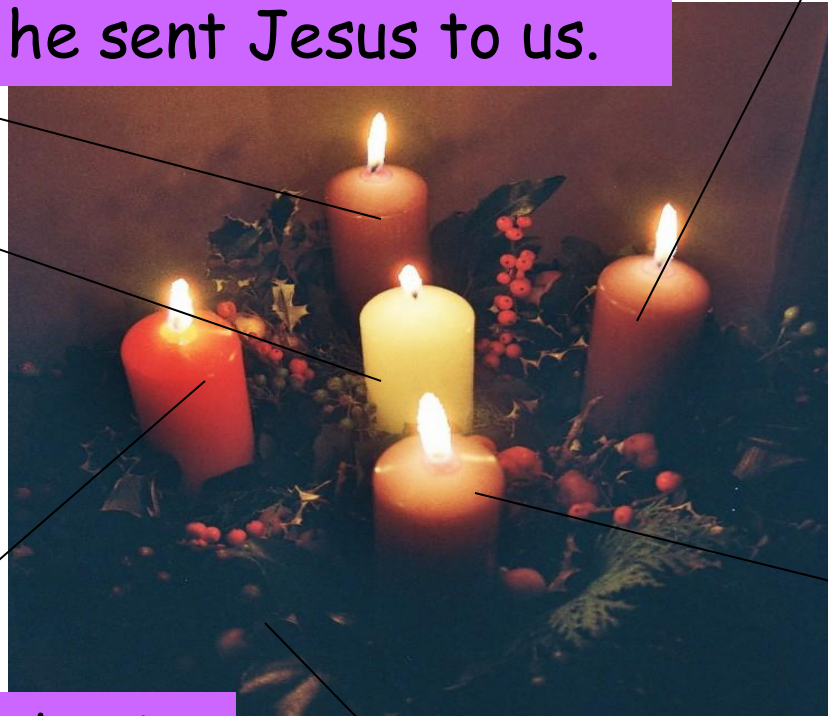
5. Christmas day = Jesus is the light of the World

3. The third Sunday is known as Gaudete Sunday, which means 'rejoice'. We are rejoicing because Jesus is nearly here. The third candle is pink.

The Circle of the wreath represents that God's love never ends.

1. Hope candle. This reminds us of the hope that Jesus brings. It is also the candle of the prophets who predicted Jesus' arrival and hoped for him.

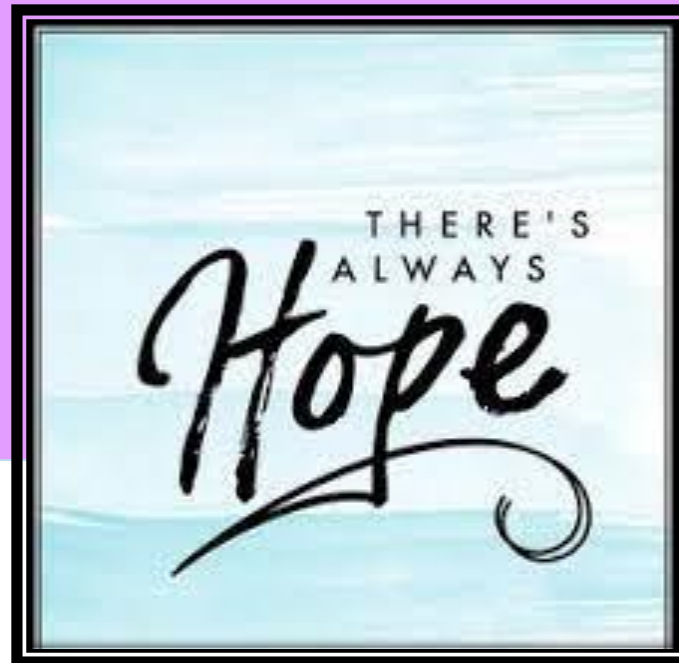
2. The second candle represents peace. Jesus is known as the King of Peace.



Day 2 - Hope

This week's candle is for **hope**.

What do you hope for?
What is your hope the world?



Let us pray...

Dear Lord,

Your Son brought hope and light to the world.

Help us to have hope in our own lives and to bring hope to others.

Help those around the world who feel that there is no hope.

Surround them with your love and care.

Amen.

Day 3 - Advent promises

Advent is a time of preparation for Christmas and Jesus' arrival. Christians usually prepare their inner self, as well as physically for this special feast.

Christians may prepare by...

- Praying more
- Saying sorry to God and putting their lives in order
- Helping others.

What are going to do this Advent to prepare for the arrival of Jesus?

Let us pray...

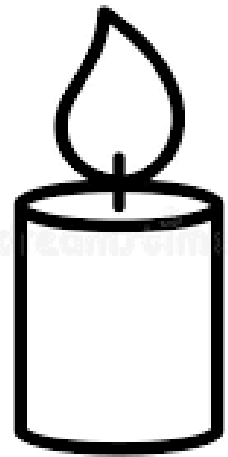
Dear Lord,

Be with us as we prepare to welcome Jesus at Christmas. Help us with our inner preparations for your Son's arrival. Help us to always work towards being the best versions of ourselves, just as you created us to be.

Amen.

What are going to do this Advent to prepare for
the arrival of Jesus?

WRITE YOUR PROMISE ON THE CANDLE
TEMPLATE (in staffroom)



Reminder
about our
Advent
appeal ...

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