



**St Cuthbert's  
Catholic High School**  
*Live life in all its fullness*

Berrys Lane  
Sutton, St. Helens  
WA9 3HE

**Web:** stcuthberts.com  
**Tel:** 01744 678123  
**Email:** hello@stcuthberts.com

**Headteacher:**  
Mr Stuart Holland BA (Hons) QTS

9 September 2024

Dear Parent/carers

## PE Kit

I hope this letter finds you well and that you have all enjoyed a restful and enjoyable summer break. As we begin the new school year, I would like to extend a warm welcome back to all our students and families. We are excited to see everyone back, refreshed and ready for the term ahead.

This year, we are introducing a slight change to our daily routine concerning Physical Education lessons. To promote comfort and efficiency, students who have their PE lesson during Period 5 (the last lesson of the day) will now be permitted to wear their PE kit home. This will help ease the transition at the end of the school day and allow for more time to focus on other priorities. Of course, if students would prefer to get changed back into their uniform, they will be able to do this. If parents/carers would prefer for their child to get changed back in to full school uniform before leaving site, please let us know.

To ensure all students can fully access our curriculum, they must be in the correct PE kit. The required kit is as follows:

- Sports Top: Black polo neck with maroon stripes and the school Cs badge
- Hoodie: Black hoodie with the school Cs badge (only to be worn in PE lessons)
- Leggings/Joggers/Shorts: Plain black leggings, joggers, or shorts (mid-thigh length)

To ensure no student is disadvantaged, every student is expected to bring their full kit to every lesson. We have invested in a selection of brand-new kit, which students will be required to wear if they forget or do not bring their own kit.

If a student is injured and cannot participate, they should continue to bring a note from a medical practitioner. Even with a note, students should still arrive in their PE kit and assist the staff during the lesson. Staff will ensure that no activities exacerbate any injury.

Please ensure that students continue to bring the appropriate PE kit to school for their lessons and maintain high standards of dress in line with our school's expectations.

As always, we are committed to providing a supportive and enriching environment for all our students, and we are looking forward to another successful and productive year. Should you have any questions or require further clarification, please do not hesitate to contact the school office.

Thank you for your continued support.

Kind Regards

*G Mearns*

Mr Mearns  
Curriculum Leader of Physical Education

