



**St Cuthbert's  
Catholic High School**  
*Live life in all its fullness*

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**Headteacher:**  
Mr Stuart Holland BA (Hons) QTS

22 November 2024

Dear parents and carers

### **RE: Year 7 Retreat Day – Thursday 28<sup>th</sup> November 2024**

As part of our commitment to supporting your child's transition to high school, we are excited to offer a retreat day for all of our year 7 students on Thursday 28<sup>th</sup> November. This special day is designed to help students to continue to settle into high school and build positive relationships. We also want our students to have the opportunity to reflect upon their lives, futures and our school mission as they begin their high school journey.

The Year 7 Retreat Day provides students with an opportunity to step away from the usual classroom setting and engage in a variety of activities. Our retreat day is being led by Rise Theatre who are an educational drama company. Through workshops, discussions, and interactive sessions, students will explore what makes us truly happy in life and what it means to 'live life in all its fullness', which is our school motto.

The timing of the school day are no different to our usual school times and students are to attend in their full school uniform as normal.

We hope that our year 7 students have an enjoyable and enriching day.

Kind regards

*N McDonagh*

N. McDonagh  
**Leader of Catholic Life and Curriculum Leader of RE**

