

<p>31st March</p> <p>Lent</p>	<p><u>Luke 15:1-3, 11-32</u></p> <p>‘While he was still a long way off, his father caught sight of him, and was filled with compassion. He ran to his son, embraced him and kissed him.’</p>	<p>Forgiveness</p>	<p>The father represents God and the son in the story represents us. God is always willing to forgive us and welcome us back if we turn to him.</p> <p>Prayer: Dear Lord, thank You for Your constant care and mercy. Help us to seek new beginnings in You and to forgive others as You forgive us. Guide us to live in peace and love. Amen.</p>	<p>30th – 31st – Eid ul Fitr in Islam – end of Ramadan</p> <p>31st – Transgender day of Visibility</p>	<p>No Sacred Time Assemblies</p>
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- **Chapter 15**

- **This Man Receives Sinners.** [\[b\]](#) ¹ Now the tax collectors and sinners were all crowding around to listen to Jesus, ² and the Pharisees and the scribes began to complain, saying, "This man welcomes sinners and eats with them."
- **The Parable of the Lost Sheep.** [\[c\]](#) ³ Therefore, he told them this parable:
- Luke 15:11-32
- ¹¹ **The Parable of the Lost (or Prodigal) Son.** [\[a\]](#) Then he said: "There was a man who had two sons. ¹² The younger of them said to his father, 'Father, give me the share of your estate that I will inherit.' And so the father divided the property between them.
- ¹³ "A few days later the younger son gathered together everything he had and travelled to a distant country, where he squandered his inheritance on a life of dissolute living. ¹⁴ When he had spent it all, a severe famine afflicted that country, and he began to be in need. ¹⁵ So he went and hired himself out to one of the local inhabitants who sent him to his farm to feed the pigs. [\[b\]](#) ¹⁶ He would have willingly filled his stomach with the pods that the pigs were eating, but no one gave him anything.
- ¹⁷ "Then he came to his senses and said, 'How many of my father's hired workers have more food than they can consume, while here I am, dying of hunger. ¹⁸ I will depart from this place and go to my father, and I will say to him, "Father, I have sinned against heaven and against you. ¹⁹ I am no longer worthy to be called your son. Treat me like one of your hired workers." '

- heaven and against you. ¹⁹ I am no longer worthy to be called your son. Treat me like one of your hired workers."
- ²⁰ "So he set out for his father's house. But while he was still a long way off, his father saw him and was filled with compassion. He ran to him, threw his arms around him, and kissed him. ²¹ Then the son said to him, 'Father, I have sinned against heaven and against you. I am no longer worthy to be called your son.'
- ²² "But the father said to his servants, 'Quickly bring out the finest robe we have and put it on him. Place a ring on his finger and sandals on his feet. ²³ Then bring the fattened calf and kill it, and let us celebrate with a feast. ²⁴ For this son of mine was dead and has come back to life. He was lost, and now he has been found.' And they began to celebrate.
- ²⁵ "Now the elder son had been out in the fields, and as he returned and drew near the house, he could hear the sounds of music and dancing. ²⁶ He summoned one of the servants and inquired what all this meant. ²⁷ The servant replied, 'Your brother has come home, and your father has killed the fattened calf because he has him back safe and sound.' ²⁸ The elder son then became angry and refused to go in. His father came out and began to plead with him, ²⁹ but he said to his father in reply, 'All these years I have worked like a slave for you, and I never once disobeyed your orders. Even so, you have never even given me a young goat so that I might celebrate with my friends. ³⁰ But when this son of yours returns after wasting his inheritance from you on prostitutes, you kill the fattened calf for him.'
- ³¹ "Then the father said to him, 'Son, you are with me always, and everything I have is yours. ³² But it was only right that we should celebrate and rejoice, because this brother of yours was dead and has come to life; he was lost and now he has been found.' "

Don't forget - there are additional resources for you to use with your form saved on the K Drive in chaplaincy
Each form should also have a paper copy of the prayer booklet (there are spare copies in the sacred time resource box in the staff room)

Additional prayer resources for sacred time;

[Additional Prayer resources for form Sacred Time\prayer hand.pptx](#)

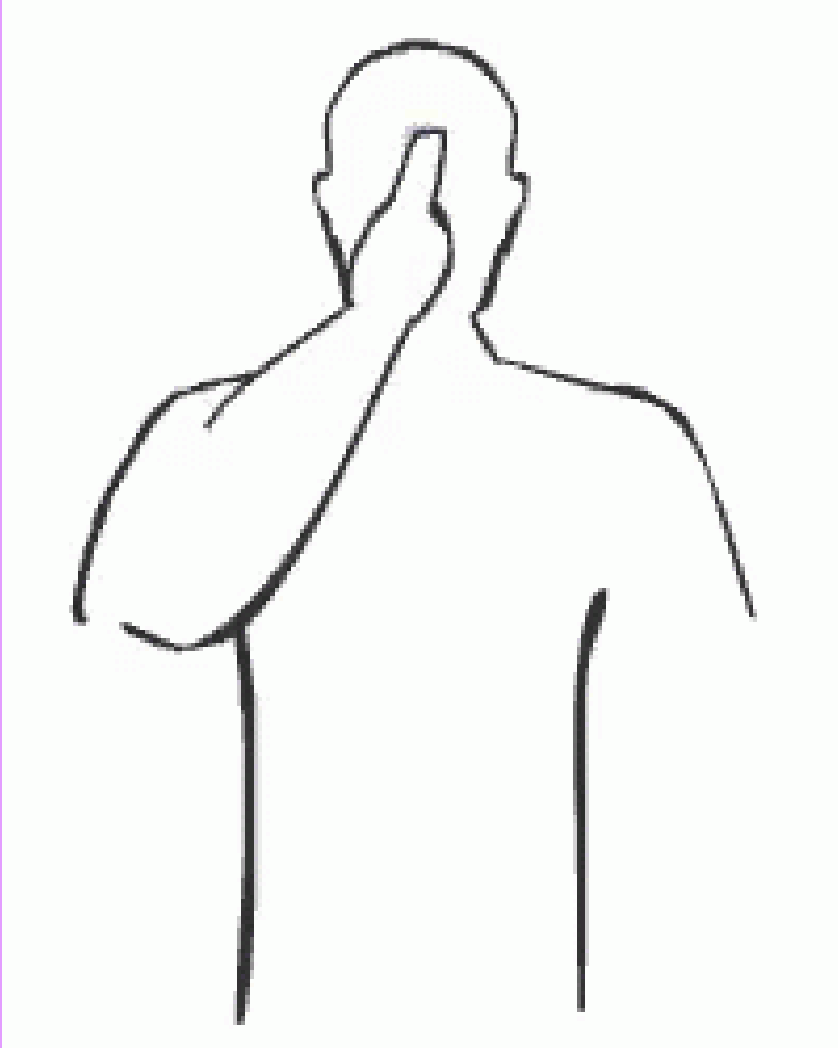
[Additional Prayer resources for form Sacred Time\Set prayers for Sacred Time.pptx](#)

[Additional Prayer resources for form Sacred Time\prayer booklet.docx](#)

The resources and activities in this powerpoint are suggestions, and intended to support, and / or offer a starting point.

They are not prescriptive - please feel free to adapt for your form, or create your own resources as appropriate

We start each Sacred Time with the sign of the cross.



Sign of the cross: In the name of the Father,
and of the Son and of the Holy Spirit. Amen.

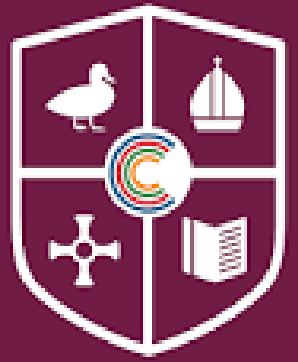
- This prayer is calling to mind God - who is the Father, Son and Spirit.
- We reminding ourselves to remember God in our **thoughts**, in our **hearts** and in the **work** we do.
- The actions make a cross to remind us about Jesus.
- The sign of the cross marks that this is a special time.

Let us make the sign of the cross together.

Wb 31st March

Season: Lent

Liturgical Colour: Purple



Sacred Time Theme: Forgiveness



St Cuthbert's Catholic High School
Live life in all its fullness

Theme of the Week - Change

Day 1

Forgiveness

It can be hard to say sorry and mean it - it can be even harder to forgive a person who is sorry. Why do you think this might be the case?



This week's Gospel comes from Luke and contains the Parable of the Forgiving Father. The parable shows us how we must show love and forgiveness.

The Prodigal Son
Is Embraced
by
The Father



In the Parable, the Father forgives his son, even though he turned his back on him, left and claimed his inheritance before his dad has passed away.

In the Parable, the Father represents God and the son represents us.

This shows us that God the Father will love us and is willing to forgive and welcome us back to him, even when we turn our back on him.

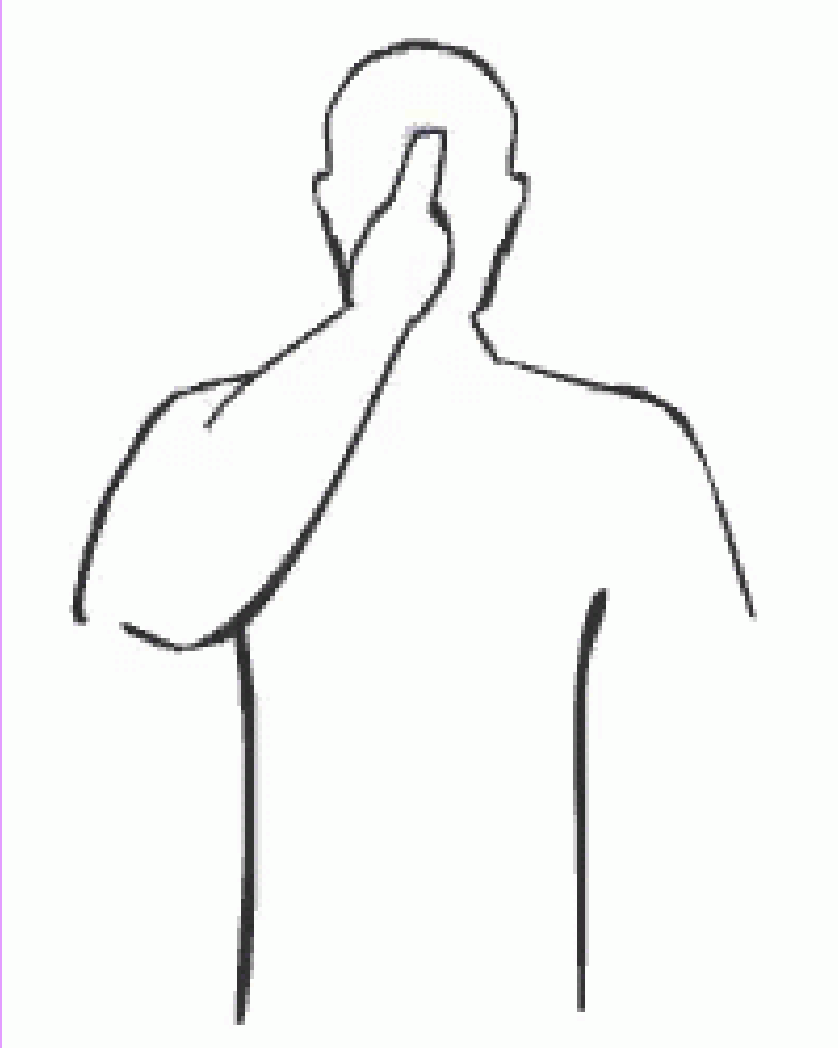


Prayer:

Dear Lord, thank You for Your constant care and mercy. Help us to seek new beginnings in You and to forgive others as You forgive us. Guide us to live in peace and love. Amen.



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Let us make the sign of the cross together.

Theme of the Week - Change

Day 2

Eid ul Fitr - 31st March

Yesterday, Muslims around the world celebrated Eid ul Fitr - the end of Ramadan. A time of great joy and gratitude after a month of fasting.



What do you already know about Eid-ul-Fitr? Watch the clip to find out more.

Did you know that The Prophet Muhammad(peace be upon him) was a model of forgiveness?

When he defeated enemies who were trying to force other religions upon him, he forgave them, rather than punish them.

He said we should forgive and that Allah(God in Arabic) was merciful.

**FORGIVE THEM
EVEN IF THEY
ARE NOT SORRY**

24:22

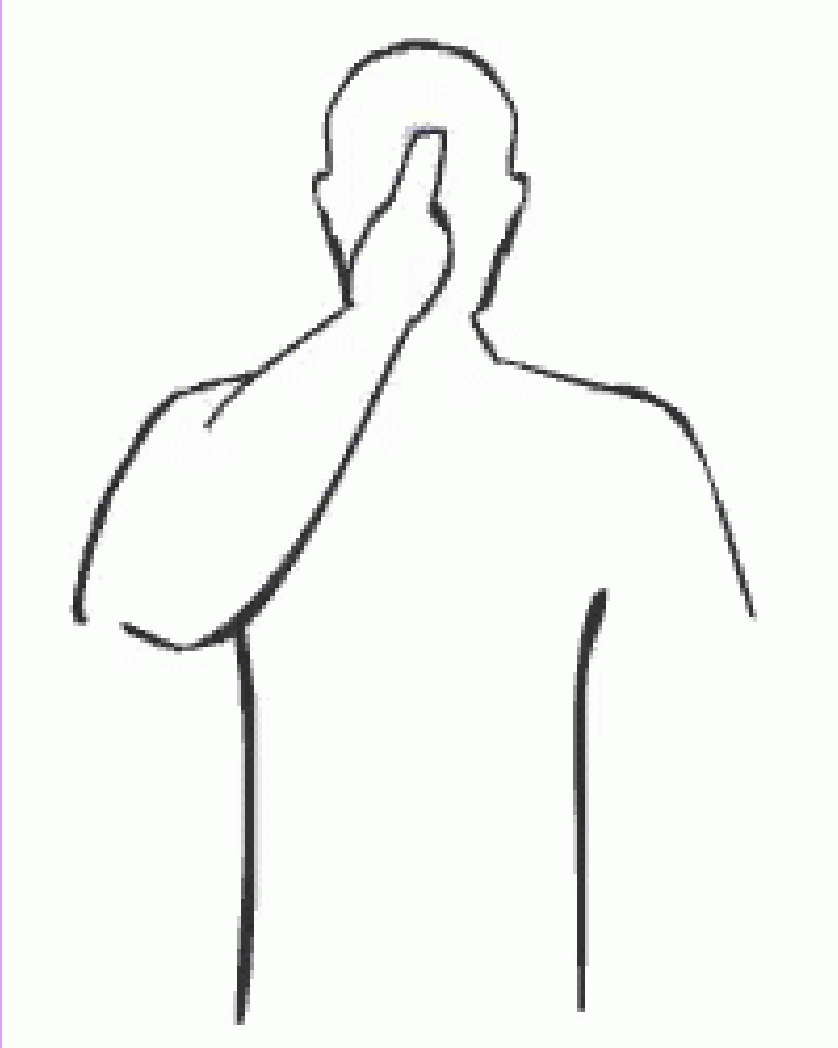
let them forgive and overlook,
do you not wish that Allah should
forgive you? For Allah is
Oft-Forgiving, Most Merciful

Dear God,

Help us to forgive, even when we find it difficult
Through forgiveness, we learn to be more like you.
Thank you for the joys we can experience when
we are able to forgive and move on.

Amen.

We start each Sacred Time with the sign of the cross.



Sign of the cross: In the name of the Father,
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- We reminding ourselves to remember God in our **thoughts**, in our **hearts** and in the **work** we do.
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Theme of the Week - Change

Day 3

Transgender Day of Visibility



INTERNATIONAL
TRANSGENDER
DAY OF VISIBILITY
MARCH 31



St Cuthbert's Catholic High School
Live life in all its fullness

On 31st March, people around the world celebrate Transgender Day of Visibility.

The aim of this day is to raise awareness of the discrimination that many trans people around the world have faced.

Dear God,

Help us to be kind. Help us to forgive others when they hurt us so that we can build better relationship.

Amen.

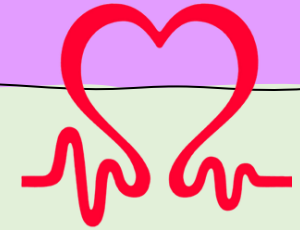
Theme of the Week - Change

Day 4

CAFOD

Catholic Agency for
Overseas Development

Heart Day



British Heart
Foundation

As a school we are going to come together as a community to celebrate Healthy Hearts. We will be raising money for the British Heart Foundation and CAFOD to go along with the Jubilee Year of Hope.



St Cuthbert's Catholic High School
Live life in all its fullness



Diseases associated with the heart are responsible for a large majority of deaths worldwide.

Our work and activities today and throughout the week will raise money to support people in developing nations and Britain who suffer from heart diseases.

Money will help to support them and allow more research to be carried out into the diseases and the problems they cause.

Sometimes stress can be a contributing factor to some heart problems.

How does our theme of forgiveness link to this? How could not forgiving someone cause more stress?



Gee Walker, whose son Anthony was killed, was able to bring it upon herself to forgive her son's killers.

She described grief as a backpack, which was already full and heavy. She says she offloaded anger, bitterness and the need for revenge as it was too much to bear. Her Christian beliefs helped her to forgive so that she was able to move on and make some positives out of a horrible tragedy.



